## How to get advice from us

To lower the risk to staff, volunteers and the people who come to us for help, the main way to get advice is by e-mail advice, telephone advice or webchat.

## For general advice:

Visit our website:

**citizensadvice.org.uk** where you can also chat to an adviser online.

E-mail Advice: https://www.ncab.org.uk/ ?p=email.advice

Phone: 03444 111 444



## For help claiming Universal Credit:

**Phone:** 0800 144 8 444

**Textphone:** 18001 0800 144 8 444

