

West Norfolk Early Help C-19 Round up

Hello Everyone

This information is in addition to last week's listings. if you would like a copy of last week's listing please let me know. Also please let me know of anyone who would like to be on the distribution list.

Don't forget to let us know as your service restarts so that we can share the information with partners

Apologies for any cross posting;-

There is attached A PDF version for those who wish to post it to websites etcetera.

New services/events

New Partner and Community Focus News Update

From mid- September, Partner and Community Focus will publish a monthly countywide news update to our professional partners which will use the Norfolk County Council's Sitecore platform.

As a subscriber to the round-up, you will also be sent a copy of the news update when it is published. If you **do not** wish to receive a copy please let us know. There will also be an opportunity to unsubscribe from the mail list of the news update when it is delivered.

Princes Trust Team Programme at Kings Lynn Fire Station

There are still some spaces on the next Team programme, commencing on the 28th September (taster day on the 22nd or 23rd, by invitation only). If you have a young person aged 16-25 currently not in education, employment or training which you think may be suited to the course then please don't hesitate to get in touch. Norfolk Fire and Rescue Youth Development have recently started meeting with young people again face to face, although they are still offering appointments over the phone as well as via Zoom.

I have attached our information leaflets which you are more than welcome to share with both colleagues and any young people that you think may benefit from our course.

For more information please contact

Jessica Auston, Assistant Team Leader Youth Development Norfolk Fire and Rescue Service
Kilhams Way Kings Lynn, Norfolk PE30 2HY

Mob: 07919 492245 Jessica.Auston@fire.norfolk.gov.uk

New Norfolk's In Care Council (NiCC) Webpages,

<https://www.norfolk.gov.uk/children-and-families/children-in-care/norfolk-in-care-council>

The Webpages have been co-produced with Children and Young People and contain a lot of useful information for not only those new to care, but also those who have been looked after for a while. It explains the roles of people they may meet, plans and meetings that happen and also how to request an Advocate and Independent Visitor.

It contains sections on finance, which includes a link on how to access their Junior ISA information and the current rates of pocket money.

The Education section, developed by the Virtual School, offers good information around the role of the Designated Teacher and the resources Children and Young People can access to support their education. We have included links to Help you Choose to support Children in identifying future career paths and routes to achieving their employment goals.

The Health section, developed by our LAC Health colleagues provides information around Health Passports and plans and also has links to the SEND Local Offer, Active Norfolk and Just One Norfolk.

The FAQ's were written by Children and Young People and aim to answer some of the questions they recall having when they first entered our Care but weren't sure how to voice.

The Get Involved section concentrates on the work of the NiCC and states clearly that every Looked After Child is automatically a member of the NiCC and outlines all of the ways they can get involved in a wide range of participation activities.

Please promote the Webpages to all Looked After Children and care experienced young people, please also let foster carers, providers, schools, health colleagues and other professionals and others know and ask them to support young people to access it.

Warning to anyone on TikTok – especially children

Ronnie McNutt hosted a livestream on Facebook in which he committed suicide. Someone saved this video, and earlier this week this footage has gone viral on TikTok and twitter.

People have been taking that clip and re-uploading it, embedding it in other videos so it LOOKS like, for example, a cat video at first, but then it will change to the clip of the suicide.

If you see a man with a beard and glasses at his desk, scroll immediately because that is the clip.

It is a real suicide. It may be best to just not be on your FVP for the next few days, and just stay on your following page until TikTok can take down all this content. We would also suggest if any young person is using Twitter to turn off auto play on twitter as well.

MIND Mental Health Support Line

08088 02 02 88 **Calls made to this number are free from any phone**

The Support Line

- Will offer a listening ear, emotional support, coping strategies, signposting and practical advice. This includes help with developing plans to tackle and limit crisis situations.
- Will help people to manage living with mental health problems and build resilience and confidence for the future.
- Will support everyone who calls to access other forms of help too, and to plan a meaningful recovery within their means or those of the person they care for.
- Will work together with you openly during a call, without pressure to do particular things and without judgment.
- Will work with and complement the Crisis Resolution Home Team (CRHT), Community Mental Health Teams (CMHT), Emergency Services and others to help keep people safe as needed.

Who can access the service?

- People who are over the age of 16 years. If you'd like to use our service on a regular basis you need to be receiving support or caring for someone who receives support from the Norfolk and Suffolk Foundation Trust or the Wellbeing Service in Norfolk and Waveney Areas or will have done so within the last 18 months.

For more information:

www.norfolkandwaveneymind.org.uk

t: 01603 432457

e: mindsupportline@norfolkandwaveneymind.org.uk

Help for Hoarders

<https://www.helpforhoarders.co.uk/>

Helpforhoarders.co.uk. provide information, support and advice and create awareness about this secretive condition, for hoarders and their loved ones.

The purpose of this site is not to judge or cure, but with the tools available here, hoarding will become better understood by both sufferers and the people around them, as well as medical professionals and the general public.

The information here is simple, personal and the site un-cluttered and un-clinical.

Kickstart Scheme

The Kickstart Scheme provides funding to employers to create job placements for 16 to 24-year old.

1. [Guidance about the Kickstart Scheme for employers](#)
2. [Kickstart Scheme promotional material](#)

The government has introduced a new Kickstart Scheme in Great Britain, a £2 billion fund to create hundreds of thousands of high quality 6-month work placements aimed at those aged 16 to 24 who are on Universal Credit and are deemed to be at risk of long-term unemployment.

Funding available for each job will cover 100% of the relevant National Minimum Wage for 25 hours a week, plus the associated employer National Insurance contributions and employer minimum automatic enrolment contributions.

Guidance about the Kickstart Scheme for employers

1. [Check if you can apply for a grant through the Kickstart Scheme](#)
2. [Check if you can apply for a grant as a representative of a group of employers through the Kickstart Scheme](#)
3. [Apply for a grant through the Kickstart Scheme](#)

<https://www.gov.uk/government/collections/kickstart-scheme>

Youth Employment UK

Youth Employment UK is an independent, not for profit social enterprise founded in 2012 to tackle youth unemployment. As experts on youth employment and unemployment, they believe that that are ideally placed to understand the complex landscape facing young people, employers and policy makers.

They are actively tackling youth unemployment by:

- Giving young people a voice on the youth employment issues that affect them
- Supporting young people with the skills and careers support they need to progress
- Supporting employers to develop and be recognised for their youth friendly practice
- Connecting young people to Youth Friendly Employers
- Providing expert insight across all youth employment policy areas
- Giving young people skills, careers support and tools to fulfil their potential

Their [Skills and Careers Hub](#) provides 14-24 year olds with free resources, advice and guidance.

- Careers inspiration
- Skills development
- Opportunities
- Peer to peer content
- Youth Friendly Employers
- Information on a range of topics including mental health and finances

Follow this link to find out more about what YEUK do:

www.youthemployment.org.uk/about-us/

Assistive Technology

The Assistive Technology team are still open for business and accepting new referrals.

The new mode of operation is to offer phone and video assessments, with the possibility of a face to face visit in the most critical and necessary scenarios. Now is a great time to refer to AT as the waiting list is just four weeks. To refer send an intervention request via the Liquid logic Adults system (if you have access to this) or alternatively call 0344 800 8020, detailing the problem of the person. A member of staff on duty will then triage for urgency.

If you would like further information on Assistive Technology, one of the team members would be happy to offer a virtual training session via Microsoft Teams or Zoom, to go through the service more thoroughly. If you would like to request this, or discuss anything in greater detail, call and leave a message on 01603 223766, or email at assdassistivetech@norfolk.gov.uk.

What is Assistive Technology?

Assistive technology is a range of electronic gadgets that can help you to live independently in your own home. This includes things such as:

- Sensors / detectors that link to a monitoring centre (via your rented community 'pendant' alarm). For example smoke, low temperature, falls, and property exit sensors
- Global Positioning System (GPS) location devices
- Triggers / sensors that can support a person or their carer in and around the home. For example pendant buttons, door contacts or motion sensors linked to a pager

Flu Vaccinations

NHS Norfolk and Waveney Clinical Commissioning Group (CCG) is urging the public to have the vaccine for flu if they are eligible as it will reduce the risk of catching and spreading the virus over the winter months.

The vaccine is available free of charge on the NHS, if you:

Are 65 years or over Are pregnant Have certain medical conditions Are living in a long-stay residential care home or other long-stay facility Receive a carer's allowance, or you are the main carer for an elderly or disabled person whose welfare may be at risk if you fall ill Live with someone who's at risk of coronavirus (on the NHS shielded patient list) or you expect to be with them on most days over winter

Frontline health and social care workers are also eligible to receive the flu vaccine. It's your employer's responsibility to arrange and pay for this vaccine.

The flu vaccine is also available for children:

Over the age of 6 months with a long-term health condition; Aged 2 and 3 years on 31 August 2020 (i.e. born between 1 September 2016 and 31 August 2018); In primary school; In year 7 (secondary school)

More information on who is eligible for the flu vaccine is available here:

www.nhs.uk/conditions/vaccinations/who-should-have-flu-vaccine/

Community Learning and Development Service

CL & D offer learning and training provision and IAG to adults 19 and over. Community courses (including Independent Living Skills, Community Learning, Family Learning) are free and learners can either join one of our planned courses or CL&D can create bespoke courses for groups to be delivered at a suitable venue in your local area (online at the moment).

Community courses are short courses for people that either need to build confidence, learn a new skill, prepare for further learning. The Community Learning and Development Officer is also able to provide information about all the other curriculum areas of Adult Learning including - Functional Skills, GCSE's, NVQ's, Access to Health, Arts & Crafts and Leisure. Any referrals can be sent to the joint email box cldo@norfolk.gov.uk and of course by checking out the website www.norfolk.gov.uk/education-and-learning/adult-learning .

September Courses

Code	Course	Date	Start	Finish	Day	Weeks
EMPEO0120P	Starting a Business	17-Sep-20	10:00	12:00	Thur	5
DIGDO6820P	An Intro to Websites using WordPress	17-Sep-20	18:00	20:00	Thur	4
CDXCO3520P	Intro to Word, Internet and Email	18-Sep-20	10:30	12:30	Fri	5
CDXCO3720P	Super Saver Websites and Cash Back Apps	18-Sep-20	10:00	12:00	Fri	3
CDXCO3920P	An Introduction to Spreadsheets	23-Sep-20	13:00	15:00	Wed	5

October courses

DIGDO5120P	Starting Your Business	06-Oct-20	10:00	12:00	Tue	4
EMPEO8420P	Marketing Your Business	06-Oct-20	10:00	12:00	Tue	10
CDXCN1020P	An Introduction To Spreadsheets	07-Oct-20	13:00	15:00	Wed	5
CDXCN0820P	Intro To Word, Internet And Email	13-Oct-20	10:00	12:00	Tue	5
HEPFE2420P	Healthy Eating/ Cookery Skills	15-Oct-20	10:00	13:00	Thur	4
DIGDS5020P	Starting A Business	20-Oct-20	14:00	16:00	Tue	4
HEPFW2620P	Healthy Eating/Cookery Skills	21-Oct-20	10:00	13:00	Wed	4
EMPET4320P	Household Bill And Budgeting Skills	26-Oct-20	10:30	12:30	Mon	5
EMPEE4420P	Household Budgeting Skills	26-Oct-20	10:30	12:30	Mon	5
EMPEW3020P	Pathway to Health and Social Care	26-Oct-20	10:00	12:00	Mon	4
HEPFE1220P	Healthy Eating/ Cookery Skills	29-Oct-20	10:00	13:00	Thur	4
DIGDW5320P	Introduction to Social Media	29-Oct-20	13:00	15:00	Thur	5
EMPET3120P	Pathway to Health and Social Care	29-Oct-20	10:00	12:00	Thur	4
DIGDE4820P	Introduction to Social Media	30-Oct-20	10:30	12:30	Fri	5

Solihull Approach Training for | Professionals

New live, virtual training dates added. Delivered via Zoom (see attached re: security measures). All you will need is a device with a camera, a microphone, and a reliable internet connection.

- **Refresher Day Training: 15th September 2020. Time: 10-4.30pm**
- **2 Day Foundation Training (Generic): 7th & 21st October 2020. Time: 10-4:30pm**
- **Train the Trainer: 13th October 2020. Time: 10-4pm**
- **Parenting Group Facilitator Training: 20th October 2020. Time: 10-4:45pm**
- **2 Day Foundation Training (Generic): 5th & 19th November 2020. Time: 10-4:30pm**
- **Parenting Group Facilitator Training: 25th November 2020. Time: 10-4:45pm**

To secure your places/see future dates please visit

<http://solihullapproachparenting.com/book-now-on-training/>

To pay by card: Once you have booked your place via the link above, look for details on the 'Thank you for your order' page (you will see this once you have completed your order).

Venue: Zoom, Anywhere you are with your digital device.

For more information please contact

Tel: +44 (0) 121 296 4448 Email: solihull.approach@heartofengland.nhs.uk

Web: www.solihullapproachparenting.com (for practitioners)

www.inourplace.co.uk (for parents)

Time Norfolk Pregnancy Loss Service

From 1st September TimeNorfolk has re-opened its website referrals.

Time Norfolk are offering remote support either by telephone or video link for women and men who have suffered a pregnancy loss through miscarriage, stillbirth, termination or have any other pregnancy related issues, also if you wish to speak to someone if you are pregnant and not sure what to do.

You are not alone; TimeNorfolk are here to help and have time for you.

TimeNorfolk is a registered charity with the aim of supporting women, their partners who:

- Need support following a pregnancy loss or infant death
- Are facing an unplanned pregnancy
- Need support with a difficult pregnancy
- Support for other pregnancy related issues e.g. infertility, pre or post-natal depression

The Norwich centre was opened in 1999 and quickly grew to cover the whole of Norfolk. We currently have three paid part time staff and approximately thirty volunteers.

<https://timenorfolk.org.uk/>

Helpline 01603 927487

Family Support Process core virtual training

About the core training

Our training gives professionals the knowledge:

- To carry out the family support process assessment
- To carry out the family support delivery plan
- To lead, support and participate in family support meetings

Exercises and activities take place throughout the day to create confidence in the process. We use the Signs of Safety model and maintain a child focused approach in our work.

The training is suitable for staff who work with children and young people aged 0-18 years, or those who work with adults who have children. It is a multi-agency training course and is open to all agencies and services in Norfolk. It is a good opportunity to network and gain knowledge on services in Norfolk.

Course length and cost

The Family Support Process training usually takes place as a full day classroom session. However, due to COVID-19 restrictions the training will be moving to two virtual 3-hour sessions over two mornings. There is no cost for this training.

Course dates and locations

The sessions will take place on Microsoft Teams. While the training is facilitated virtually, you can access the training at any date on offer. However, the Locality Partner Focus Officers will be hosting the sessions for their own areas.

Norwich locality

- Tuesday 29 and Wednesday 30 September 2020
- Monday 19 and Tuesday 20 October 2020
- Thursday 26 and Friday 27 November 2020

Partner Focus Officers facilitating: Amy Lovett and Celia Alden

West & Breckland locality

- Thursday 8 October and Friday 9 October 10am-1pm
- Wednesday 18 and Thursday 19 November 10am-1pm

Partner Focus Officers facilitating: Gemma Starling-Breckland locality and Jonathan Williams and Allison Burt-West locality.

How to book training

[Complete a booking form](#)

and return it by email to the locality where you have requested the training. The contact details are on the booking form.

For further details including cancellations policy please see

<https://www.norfolk.gov.uk/children-and-families/early-help-and-family-support/support-for-professionals/early-help-training/family-support-process-core-training>

Funding Support for Early Language Skills Gap

Government has announced a funding package of up to £9 million to provide schools with training and resources to help them deliver one-to-one and small-group support for five-year-olds whose spoken language skills may have suffered as a result of the coronavirus pandemic.

The programme, known as the Nuffield Early Language Intervention (NELI), is an evidence-based, 20-week intervention designed to improve the language skills of reception age pupils. Participating schools will receive resources and will be able to access online training from the start of the spring term 2021.

Every state funded school which has a Reception class will be invited to apply for this support, with priority given to schools with a high proportion of disadvantaged pupils.

The investment is part of the £350 million National Tutoring Programme which runs alongside the one-off universal £650 million catch-up premium and provides additional, targeted support for those children and young people who need the most help. Both programmes are key pillars of the wider £1 billion COVID catch-up package announced by Government in June.

Schools must [register their interest](#) in the fund by the 30 October 2020.

For further information, email contact.neli@education.gov.uk.

Grant Funding for Toddler Organisations

The voluntary, community and social enterprise (VCSE) Health and Wellbeing Fund is now taking applications for this year, with a focus on Starting Well. The £3 million fund, managed by the Department of Health and Social Care, PHE, & NHSE/I, will be given to existing projects working with children from preconception to two and a half years old, who want to extend their work by delivering new outcomes or to specific communities. VCSE organisations can apply for between £200k and £510k over three years, which must be spent on expanding successful schemes and providing an external evaluation of their impact.

The closing date for applications is Friday 30 October.

For more information see:

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/910659/starting-well-information-pack.pdf

Purfleet Trust Crowd Funding Appeal

Purfleet Trust have been open and busy throughout lockdown supporting the most vulnerable in our community. The work is continuing and expanding as the year moves on and they prepare for the winter ahead. Purfleet Trust want to ensure people have access to not only good quality housing but the essential items needed to turn a house into a home.

Purfleet Trust are running our first ever Crowd funder. This is in partnership with Aviva and they give their employees £25 each to donate to a project of their choice.

The project Purfleet Trust are raising money to fund is call House 2 Home. The team have worked very hard to get over 30 people into long term housing after them being placed in emergency accommodation at the start of lockdown. Right now, They're struggling with resources to support people to turn their new places from a house to a home.

So how can you help? Now more than ever, Purfleet Trust are counting on the vital support of individuals and businesses so we can help people create a real home and a positive and long-term pathway out of homelessness. If you can help by either donating or sharing with your network everyone here would really appreciate the support. You can find out all about the project also donate [HERE](#)

LILY Covid Recovery Grants

Lily can now offer a COVID Recovery Grant to existing groups in need of a little help to restart following the COVID outbreak. These grants can be up to £200 and can be used to purchase PPE, cleaning products or other necessary items needed to reopen safely.

If you would like to set up a community group in your local area please contact Lily for an application form.

For more information go to; <http://asklily.org.uk/kb5/westnorfolk/cd/service.page>

Vacancies

HomeStart Volunteers

HomeStart are recruiting volunteers to become telephone befrienders for parents with small children going through difficult times in Norfolk

70% of families referred last year were struggling to cope with loneliness. Your weekly phone call could make a world of a difference.

Do you have 2-3 hours to spare a week to support a family in Norfolk? If so, sign up for our FREE online Telephone Befriender course taking place on the 22nd & 29th September, and 6th October from 10:00 – 12:30.

To sign up, send us a direct message.

For more information, visit www.homestartnorfolk.org/volunteer

Call 01603 977040 Email admi@homestartnorfolk.org

Jobs with Ormiston Families

Ormiston Families is committed to safeguarding. We are an equal opportunities employer; we value diversity and welcome applications from all sections of the community.

Senior Practitioner Mpower Fenland

Starting salary £23,113 pro rata per annum

28 hours per week

Mpower provides intensive and goal-oriented support to women with highly complex needs whose children have been removed into care. As Senior Practitioner you will:

- Provide this support by taking a relational approach that centres around the needs of each woman.
- Manage the team of Practitioners in your region to do the same.
- Draw on your experience, the experience of colleagues, professional networks, research, and other sources to set best practice within the broader Mpower service.

You will work with a high level of independence and self-direction, managing the subtleties of professional boundaries and confidently using a flexible approach where work with different women can go in a range of directions and last for varying lengths of time.

Ultimately, your work will enable women who have experienced complex trauma to make meaningful change, rebuild their lives, and reduce the number of children being removed into care.

By joining the service, you will be at the forefront of the exciting expansion of Mpower into Cambridgeshire, with the service having been successfully delivered in Suffolk and Norfolk for the last seven years.

It is essential that you are able to travel within the area and have considerable experience of managing staff, working intensively with people with highly complex needs, collaborating on complex safeguarding cases, and managing a varied workload.

For an application pack or to apply please visit our website at <https://www.ormiston.org/work-for-us/>

Closing date: 9am, Monday 21st September 2020

Practitioner Mpower Fenland

Starting salary £21,076 pro rata per annum

21 hours per week

Mpower provides intensive and goal-oriented support to women with highly complex needs whose children have been removed into care. As Practitioner, you will do this by taking a relational approach that centres around the needs of each woman.

You will work with a high level of independence and self-direction, managing the subtleties of professional boundaries and confidently using a flexible approach where work with different women can go in a range of directions and last for varying lengths of time.

Ultimately, your work will enable women who have experienced complex trauma to make meaningful change, rebuild their lives, and reduce the number of children being removed into care.

By joining the service, you will be at the forefront of the exciting expansion of Mpower into Cambridgeshire, with the service having been successfully delivered in Suffolk and Norfolk for the last seven years.

It is essential that you are able to travel within the areas and have considerable experience of working intensively with people with highly complex needs and have experience of collaborating on complex safeguarding cases.

For an application pack or to apply please visit our website at <https://www.ormiston.org/work-for-us/>

Closing date: 9am, Monday 21st September 2020

Practitioner Mpower King's Lynn

Starting salary £21,076 pro rata per annum

21 hours per week

Mpower provides intensive and goal-oriented support to women with highly complex needs whose children have been removed into care. As Practitioner, you will do this by taking a relational approach that centres around the needs of each woman.

You will work with a high level of independence and self-direction, managing the subtleties of professional boundaries and confidently using a flexible approach where work with different women can go in a range of directions and last for varying lengths of time.

Ultimately, your work will enable women who have experienced complex trauma to make meaningful change, rebuild their lives, and reduce the number of children being removed into care.

You will be joining a service that has been running successfully for seven years and is going through an exciting period of consolidation and expansion.

It is essential that you are able to travel within the areas and have considerable experience of working intensively with people with highly complex needs and have experience of collaborating on complex safeguarding cases.

For an application pack or to apply please visit our website at <https://www.ormiston.org/work-for-us/>

Closing date: 9am, Monday 21st September 2020

Kind regards and keep well

Karen and Keith

It is most unlikely. But—here comes the big “but”—not impossible.”

From-The Witches by Roald Dahl