

## **West Norfolk Early Help C-19 Round up**

Hello Everyone

This information is in addition to last week's listings. If you would like a copy of last week's listing please let me know. Also please let me know of anyone who would like to be on the distribution list.

Apologies for any cross posting;-

There is an attached

A PDF version for those who wish to post it to websites etcetera.

A leaflet from the Bereavement Support Group organised by the Chaplains at Kings Lynn Queen Elizabeth Hospital

A guide to Young Carers Support in Norfolk

### **New services/events**

#### **Avia Community Fund**

##### **Applications are now open!**

The COVID-19 outbreak is a challenging time for many. We know that now, more than ever, small charities need our support. That is why we have broadened the criteria of the Aviva Community Fund to include applications for projects that enable causes to adapt or continue their vital services by covering core running costs, so they can help their beneficiaries and communities during this time of need. See updated [terms and conditions](#).

**Applications are now open for the next round of the Aviva Community Fund until 28th July.**

[Apply now](#)

#### **Local Authority Discretionary Grants**

Charities with properties which were ineligible for the Small Business Grant because they were in receipt of charity rate relief can apply for a one-off grant. The fund is also available to small businesses who were ineligible for either the Small Business or Retail, Hospitality and Leisure Grants. This Discretionary Fund has come from central Government and local authorities are managing this in their areas. The details for each area can be found below:

- [Borough Council of King's Lynn and West Norfolk](#)
- [Breckland District Council](#)

#### **Co-ordinated Community Support Programme Grants Awareness Webinar**

The Childrens Society are very excited to invite you all to the first Grant Awareness Webinar on 25<sup>th</sup> June 2020. They have invited five different grant providers to speak about their offer, how to apply for a grant and what makes a successful application.

Thank you to all who responded to our last email circulated on the 11<sup>th</sup> June – If anyone missed the reference document first time around, please let James [james.fookes@childrenssociety.org.uk](mailto:james.fookes@childrenssociety.org.uk) know and he will send you a copy.

Please contact James if you would like to attend. They gently request that one representative per organisation attends - however if you require additional representatives, do not hesitate to ask.

if you need any support with signing up please let us in the CCS team know. We would also like to ask you **to email us any questions you may already have to the grant providers** prior to the webinar on the 25<sup>th</sup> June.

You will be welcome to ask questions during the webinar as well, but it would be very helpful if could email us with any questions you may already have.

### **Agenda**

*14.00 Welcome and housekeeping*

14.05 CCS introduction

14.15 Glasspool

14.35 Family Fund

15.00 Smallwood Trust

15.20 Buttle

15.40 Inkind

16.00 Questions and AOB

*16.15 Close of webinar*

If you have any questions about the webinar or if you need any support getting signed up and registered, please do not hesitate to contact me at [james.fookes@childrenssociety.org.uk](mailto:james.fookes@childrenssociety.org.uk) and I'll do my best to offer support and pass issues onto the relevant provider in time for the webinar.

### **MensCraft**

<https://www.menscraft.org.uk/>

MensCraft promote social inclusion for the public benefit, by preventing men and boys of all ages within Norfolk and surrounding areas from becoming socially excluded, relieving the needs of those people who are socially excluded, and assisting them to integrate into society in particular but not exclusively by:

- a. Providing facilities in which they can meet jointly or individually to undertake creative, physical or recreational activities, learn or pass on skills and knowledge and support each other socially;
- b. Providing practical advice and support to those individuals;
- c. Raising public awareness of the issues affecting those individuals both generally and in relation to their inclusion; and
- d. Providing advice so that the local community and businesses can adapt their services to better understand and meet the needs of those individuals

For the purpose of this clause 'socially excluded' means being excluded from society, or parts of society, as a result of one or more of the following factors: unemployment; financial hardship; youth or old age; ill health (physical or mental).

## **Male Victims of Domestic Abuse**

<https://www.mankind.org.uk/>

CALL 01823 334244

Confidential helpline for male victims of domestic abuse and domestic violence

Weekdays 10am to 4pm

Or see the website for information advice and guidance

## **Cambridgeshire Workplace Chaplaincy**

**Tel: 0800 246 5193**

Cambridgeshire Workplace Chaplaincy has recognised a need for a helpline – to listen and comfort, for those who are finding life difficult at the moment during the Covid-19 pandemic.

The day to day adjustments that many are having to make at the moment due to a stressful job or juggling working from home; coupled with responsibilities at home are very stressful for many of us.

Maintaining and enhancing the emotional and mental health of everyone is critical during these turbulent times. The helpline is for anyone in the workplace who needs help with stress and needs emotional support.

We urge all to not be too proud or self-reliant and to seek support and help whenever you need it. It's not an admission of weakness. The CWC Helpline is offering a listening ear where we try to help the individual find their own solutions and where this clearly isn't possible, with their permission, we refer to relevant organisations.

- All calls are anonymous
- Our multifaith chaplains are a diverse group who are happy to provide emotional support regardless of whether you have any spiritual or re beliefs – their aim is to listen and comfort
- The service is available during the hours of 9am-5pm Monday to Friday
- An out of hours voicemail is available if you would like a chaplain to contact you at a later point

## **Nelson Journey - Bereavement Training - New dates added**

As someone who has been on a waiting list for Nelson's Journey's online training for Professionals, we wanted you to be one of the first to know that we've added new dates throughout July that you can now book a place on (subject to availability).

Previous dates have been fully booked with long waiting lists, so please act now to secure your place.

The first new date is on TUESDAY 30 JUNE; and a total of 15 new sessions have been added on Tuesday; Thursday; and Friday mornings from 10.30 throughout July. Sessions last around 1 hour.

Please book now! <https://njcovid19training.eventbrite.co.uk>

Best wishes, Nelson's Journey - Norfolk's child bereavement charity

## **Norfolk Crucial Crew**

<https://www.norfolk.gov.uk/safety/norfolk-fire-and-rescue-service/in-your-community/crucial-crew>

We've temporarily closed our 2020 Norfolk Crucial Crew events, but we won't let a pandemic stop us from keeping everyone safe at home! Crucial Crew has worked with thousands of year 6 students each year but for those of you who might miss out on that this year, welcome to virtual Crucial Crew!

Welcome to our virtual Crucial Crew

Crucial Crew is a multi-agency project, led by Norfolk Fire & Rescue Service, engaging with year 6 students across the county delivering safety messages in a fun and interactive way through hazards presented in a safe environment, such as a simulated bedroom fire and rescue.

Our aim is to help children stay safe and learn valuable life skills. Young people are one of our best communication tools for spreading safety messages, sharing them with family, friends, carers, and the wider community, taking forward these life skills into the future.

There are resources from lots of different services and organisations to help us stay safe in many different places and situations in day to day life. We hope you enjoy virtual Crucial Crew and we look forward to welcoming our year 6 students back soon.

## **Silly Squad digital Summer Reading Challenge**

Norfolk's libraries may be closed but that isn't stopping the return of the Summer Reading Challenge, which for 2020 is all about funny books, happiness and having a laugh.

With the disruption caused by Covid-19 and the impact of social distancing on schools and public libraries, this year's challenge has launched as a digital activity to keep children reading over the summer and help prevent the summer reading 'dip'.

The theme for this year's challenge is the 'Silly Squad', a team of animal friends who love to go on adventures and get stuck in to all different kinds of funny books. It features bespoke artwork from award-winning children's author and illustrator Laura Ellen Anderson.

Children aged 4-11 can join the Silly Squad on a new adventure by setting their own personal reading challenge to complete from now until September. The new online platform will help them keep track of their books, reviews and the rewards they unlock along the way. Although children can't borrow physical books from libraries at the moment, they can choose from thousands of e-books to download free from the library service using the Libby app - see [www.norfolk.gov.uk/ebooks](http://www.norfolk.gov.uk/ebooks) for more details.

Norfolk Libraries are providing lots of online activities during lockdown. You can find out what's on and join in with their Summer Reading Challenge online events at their new Facebook page for children and families - [www.facebook.com/NorfolkLibrariesForFamilies/](https://www.facebook.com/NorfolkLibrariesForFamilies/)

Sign up to take part in the Silly Squad Summer Reading Challenge at [www.sillysquad.org.uk](http://www.sillysquad.org.uk) where you'll find book suggestions, tips on keeping reading when schools and libraries are closed, quizzes, games and more.

## **NCC Adult Learning – Family Learning**

In supporting your families, I would like to make you aware of NCC Adult Learning - Family Learning's online "Come and Try" sessions and courses.

<https://www.norfolk.gov.uk/education-and-learning/adult-learning/courses/family-learning-courses>. Our sessions and courses are free and fun. They provide a great opportunity for families to meet other families in a safe online environment.

For more information please contact [louise.brown@norfolk.gov.uk](mailto:louise.brown@norfolk.gov.uk)

## **Adult Learning Courses Starting Next Week**

Adult Learning have some fantastic employability and digital skills courses starting next week:

- An Introduction to Customer Services Monday 22<sup>nd</sup> June 1pm – 3pm (4 weeks)
- An Introduction to MS Publisher Tuesday 23<sup>rd</sup> June 10 – 12pm (5 weeks)
- An Introduction to Business Administration using Computers Thursday 25<sup>th</sup> June 10 – 12pm (6-week course)

To find our Adult Learning courses go to the web site here

[www.norfolk.gov.uk/education-and-learning/adult-learning](http://www.norfolk.gov.uk/education-and-learning/adult-learning)

and 'Search for courses'

## **Young Carers Assessments**

Young carers and their parents or a partner agency working with them can request a **young carer's needs assessment** by contacting Norfolk County Council on **0344 800 8020**. This single point of contact now replaces all previous contact numbers or request for support routes and can be called Monday to Friday. Information is also available on how to contact Norfolk County Council Children's Services on our website -

[www.norfolk.gov.uk/care-support-and-health/get-help-with-looking-after-someone/young-carers](http://www.norfolk.gov.uk/care-support-and-health/get-help-with-looking-after-someone/young-carers)

For information, advice and guidance for children, young people and their families please contact - [www.youngcarersmatternorfolk.org](http://www.youngcarersmatternorfolk.org) and their helpline Tel: **0800 0831148**

Partner agencies and organisations are asked to ensure that their teams are aware of the above information and share this with parents and young people as needed.

## **Latest Scams Alerts from Norfolk Trading Standards**

**Please highlight the Test & Trace scams to your colleagues**

- Scam Alert – Telephone cold calls claiming 'your internet service will be terminated'
- Scam Alert – Emails claiming to be from 'DVLA'
- Scam Alert – Emails claiming to be from 'BT'
- Cold Calling Alert – Doorstep Cold Callers offering 'driveway work'
- Scam Alert – Test & Trace Scams

**Please be aware of the following very plausible and concerning telephone track & trace scam which was reported last week**

- *'Good morning, I'm calling from the NHS track and trace service. According to our system, you are likely to have been in close proximity to someone who has tested positive for COVID-19. This means that you now need to self-isolate for 7 days and take a COVID-19 test.'*
- *'OK. Can you tell me who that person was?'*
- *'I'm not able to tell you that. That is confidential information.'*
- *'Right....so ....'*
- *'But you do need to be tested within the next 72 hours. So, can I just get the best mailing address so that we can send a kit to you?'*
- *'OK (gives address)'*
- *'Thank you - and I just need to take a payment card so that we can finalise this and send the kit to you.'*
- *'Sorry - a payment card? I thought this was all free?'*
- *'No - I'm afraid not. There is a one-off fee of £50 for the kit, and test results. Could you read off the long card number for me, please, when you're ready.'*
- *'No - that's not right. This is part of the NHS so there's no charge.'*
- *'I'm afraid there is. Can you give me the card number please - this is very important, and there are penalties for not complying.'*

**Updates from existing services**

**Hanseatic Union**

English for the Speakers of other Languages (Esol) courses for the summer, online through skype:

9 am Saturday - beginners

6 pm Monday - advanced

9 am Tuesday - intermediates

8.45 am Friday - intermediates

contact: hansos unija on face book

[julie.hanseatic@gmail.com](mailto:julie.hanseatic@gmail.com)

julie chaplin hanseatic on face book

## **Norfolk Community Law Service**

Since 2012 NCLS has offered immigration advice on the following:

- Entry Clearance – as a partner or family member
- Leave to Remain as a partner/family member, temporary Leave to Remain under the Domestic Violence Concession rules
- Indefinite Leave to Remain, excluding protection route and on the basis of domestic violence
- British Citizenship- Acquisition, Registration, Naturalisation
- No Time Limit Applications
- BRP Applications and Renewals
- Travel Documents
- Change of Conditions Applications (lifting of NRPF restriction)
- British Passport Applications
- Advice to EEA Nationals (including applications on EU Settlement Scheme)
  - Settlement applications (on basis of 5 years residence)
  - Family Permit applications (for family members to enter UK)

**NCLS has recently gained approval from the Office of the Immigration Services Commissioner (OISC) to provide advice at level 2.** This means that they are able to provide advice and help with complex applications to the Home Office. In addition to the existing advice they provide they will offer advice and help with the following

- Settlement on domestic violence grounds
- Family reunion applications for people with Refugee status/humanitarian protection.
- Exceptional circumstances/human rights applications where the client can't meet the financial requirements. They will also consider these for existing clients and vulnerable people.
  - Settlement, protection route application
  - Complex EEA applications

At the moment they will not be offering advice or help with Asylum applications or to people facing deportation.

They can also provide advice on welfare benefits refusals where the issue involves eligibility on the grounds of right to reside, habitual residence and past and presence. They can help from the stage of being refused a benefit and can submit a reconsideration request. They can then go on to appeal if necessary and will represent the client at a tribunal hearing.

Their immigration team can be contacted directly by e-mailing [immigration@ncls.co.uk](mailto:immigration@ncls.co.uk)

Referrals can also be made through the [NCAN Referral System](#).

## **Purfleet Trust**

<http://www.purfleettrust.org.uk/>

For now, there are no plans to reopen our centre as there is still no guidance from government on this, but we are excited to identify our "new normal". I hope to be able to share more about this with you very soon and am grateful for your patience whilst we put plans in place.

In the meantime, there is some news below about some training we are delivering and ways in which you can continue to support us.

The events of the last few months have shown us how vitally important it is to have somewhere to call home and we will continue to support everyone we work with to be able to achieve that goal.

On behalf of everyone at Purfleet Trust I would like to thank you for all you have done and continue to do for us. With very best wishes,

Paula Hall Chief Executive

### **News from our Training and Employment Coach at Purfleet Trust**

Our training and employment coach Lucy has been busy throughout lockdown. Lucy has been supporting clients to keep learning and using their time to gain skills and qualifications that will help them in the future.

We have started clients on a level 2 course in the awareness of mental health issues which is very important at the current time as many of our clients are worried and anxious about their futures. We have also started a "Trusted Tenants" course in our women's house which is a level 1 pre-tenancy qualification. This helps people to build the skills needed for independent living and managing their own tenancy.

We have also been able to put some level 2 training in place for counselling skills and working with people with mental health issues which is great looking for clients who are hoping in the future to volunteer with us as peer mentors.

All training is currently online and requires clients to have the technology to participate so if you are upgrading a laptop or tablet please do consider the possibility of donating your old one.

### **Pandora Domestic Abuse Project**

Just an update to say we are still taking referrals and supporting women and children affected by domestic abuse, this is currently by phone and video calling. We also have a helpline number for anyone needing to access advice or support 07856 812610, this is for professionals as well as the public and we also have a live web chat facility on our website [www.pandoraproject.org.uk](http://www.pandoraproject.org.uk)



## **West Norfolk Disability Information Service**

[WNDiS](#) is still working, although all face to face appointments have been cancelled due to the pandemic. Tribunals are going ahead but these are now done by phone, and WNDiS is still able to support people in exactly the same way as before, except that all contact is by phone.

The latest statistics for the whole of 2020 so far show that there is a 93% success rate for Tribunals which have had support from WNDiS. It is important to stress that getting advice and support can make a big difference, and there is concern that during the period of lock down some people may not know that this is still available from WNDiS.

Referrals can also be made through the [NCAN Referral System](#).

Kind regards and keep well

Karen and Keith

**Predicting rain doesn't count. Building Arks does:-Warren Buffett**